

# CARLISLE BARRACKS RETIREE BULLETIN

MPSD, CARLISLE BARRACKS  
CARLISLE, PA 17013-5062



## **44th ANNUAL Carlisle Barracks Retiree Appreciation Day**

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DEPARTMENT OF THE ARMY  
Soldier for Life Retirement Services Office  
MPSD, Carlisle Barracks  
46 Ashburn Drive  
Carlisle, Pennsylvania 17013-5062

PRESORT STANDARD  
U.S. POSTAGE  
PAID  
PERMIT 1399

OFFICIAL BUSINESS

**Time Sensitive!**  
**PLEASE DELIVER**  
**NLT 10 September 2018**

# RETIREE APPRECIATION DAY AGENDA

**PLACE:** Bliss and Root Halls, U.S. Army War College

**DATE AND TIME:** Saturday, 6 October 2018, 7:30 am-3:05 pm

7:30-9:00 am	Registration in War College Gym
9:00-9:15 am	Opening Ceremonies in Bliss Hall Auditorium
9:15-10:15 am	Keynote Speaker MG John S. Kem, Commandant, US Army War College
10:15-10:30 am	DUNHAM Clinic Update
10:30-10:45 am	BREAK
10:45-12:00 pm	Bliss Hall for Tricare-For-Life Briefing (over age 65) or go to Reynolds Theater for Tricare Briefing (Under age 65)
12:00-1:15 pm	LUNCH
1:15-1:20 pm	WELCOME BACK & Speaker Intro in Bliss Hall
1:20-1:50 pm	Legal Update
1:50-2:45 pm	Army Heritage and Education Center Soldier Surveys
2:45-3:15 pm	Federal Employees Dental and Vision Insurance and Long Term Care Insurance
3:15-3:20 pm	Closing Remarks and Farewells

## DIRECTIONS

From Interstate 81, Exit 52 or PA Turnpike I-76, Exit 226.

Follow US Rt. 11 South

1. If you have a Current Military ID, Go straight about 2-3 miles and make a Left turn thru Ashburn Gate.
2. If you don't have a Current Military ID Card, stay on Left Lane of Rt. 11 South for about 2 miles; Turn Left onto Harmony Hall Road & follow the Blue Carlisle Barracks Signs to the Back Gate! Turn Left to go thru Security. If you do not have a Current Military ID, be prepared to show Driver's License, Car Registration & Proof of Car Insurance and please Show Picture ID's for everyone in the vehicle.

Follow the **SPECIAL EVENT SIGNS** to **PARKING LOTS** and **APPRECIATION DAY SITE!**

Mail the Pre-Registration form to: *Retirement Services Office, 46 Ashburn Dr., Carlisle, PA 17013-5062 or FAX to 717-245-4227*

or Email the registration form information to: [michael.r.staton.civ@mail.mil](mailto:michael.r.staton.civ@mail.mil) or [wilbert.j.lentz.civ@mail.mil](mailto:wilbert.j.lentz.civ@mail.mil)

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*For Official Use Only*

## CARLISLE BARRACKS RETIREE APPRECIATION DAY PRE-REGISTRATION FORM

YES, I plan to attend this year's Retiree Appreciation Day! There will be \_\_\_\_\_ in my party.

YES, I can assist during the Appreciation Day by being an Usher in the Bliss Hall Auditorium \_\_\_\_\_

NAME \_\_\_\_\_ RANK \_\_\_\_\_ SERVICE \_\_\_\_\_

ADDRESS \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

*For Official Use Only*



DEPARTMENT OF THE ARMY  
US ARMY INSTALLATION MANAGEMENT COMMAND  
HEADQUARTERS, US ARMY GARRISON, CARLISLE BARRACKS  
46 ASHBURN DRIVE  
CARLISLE, PENNSYLVANIA 17013-5062

IMCL-ZA

4 June 2018

MEMORANDUM FOR MILITARY RETIREES, FAMILY MEMBERS, SURVIVORS AND PRE-RETIREE PERSONNEL

SUBJECT: Carlisle Barracks Retiree Appreciation Day Invitation

1. On behalf of Major General John S. Kem, I cordially invite you to attend the 44th Annual Retiree Appreciation Day at Carlisle Barracks on **Saturday, 6 October 2018**. This day is a small gesture of appreciation for your service to our country. The day will begin at 0730 at the Root Hall Gymnasium with registration followed by opening activities in the Bliss Hall Auditorium at 0900. The following are some of the key events for the day:

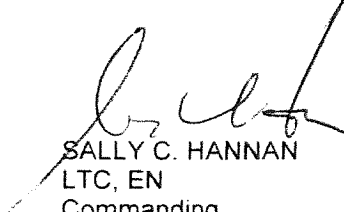
- a. Keynote Address in Bliss Hall by the Commandant, United States Army War College, MG John S. Kem.
- b. A series of seminars on such topics as Legal Affairs, TRICARE, Retiree Dental and Vision Program updates, and the Army Heritage Education Center.
- c. Post Activities and organizational representatives will be in Root Hall Gym from 0730-1400 depending on representative availability.
- d. We also offer an opportunity for a "Mini-Health Screening" from 0730 – 1330.
- e. The ID Card Section, Anne Ely Hall, 46 Ashburn Drive, will be open from 0830 - 1400.

2. Food options are available at the Joint Deli at Root Hall, Exchange Subway, Commissary, and prepaid box lunches. For more information on prepaid box lunches go to page eight. Finally, the Commissary will be open until 1700, and the Post Exchange will be open until 1800.

3. We have again planned our Retiree Appreciation Day to coincide with the Carlisle Barracks Oktoberfest at the Army Heritage and Education Center (AHEC) located on Army Heritage Drive. We encourage you to visit the Oktoberfest and enjoy the festivities, food, drink, and music throughout the day. Shuttles will run from the parking lots marked on your maps, the U.S. Army War College, and the Oktoberfest location at AHEC from 0730 - 1545.

4. To help us better plan, please complete the pre-registration form in this bulletin and **return it no later than Friday, 28 September 2018** to: **Retirement Services Office, MPSP, 46 Ashburn Drive, Carlisle, PA 17013-5062**.

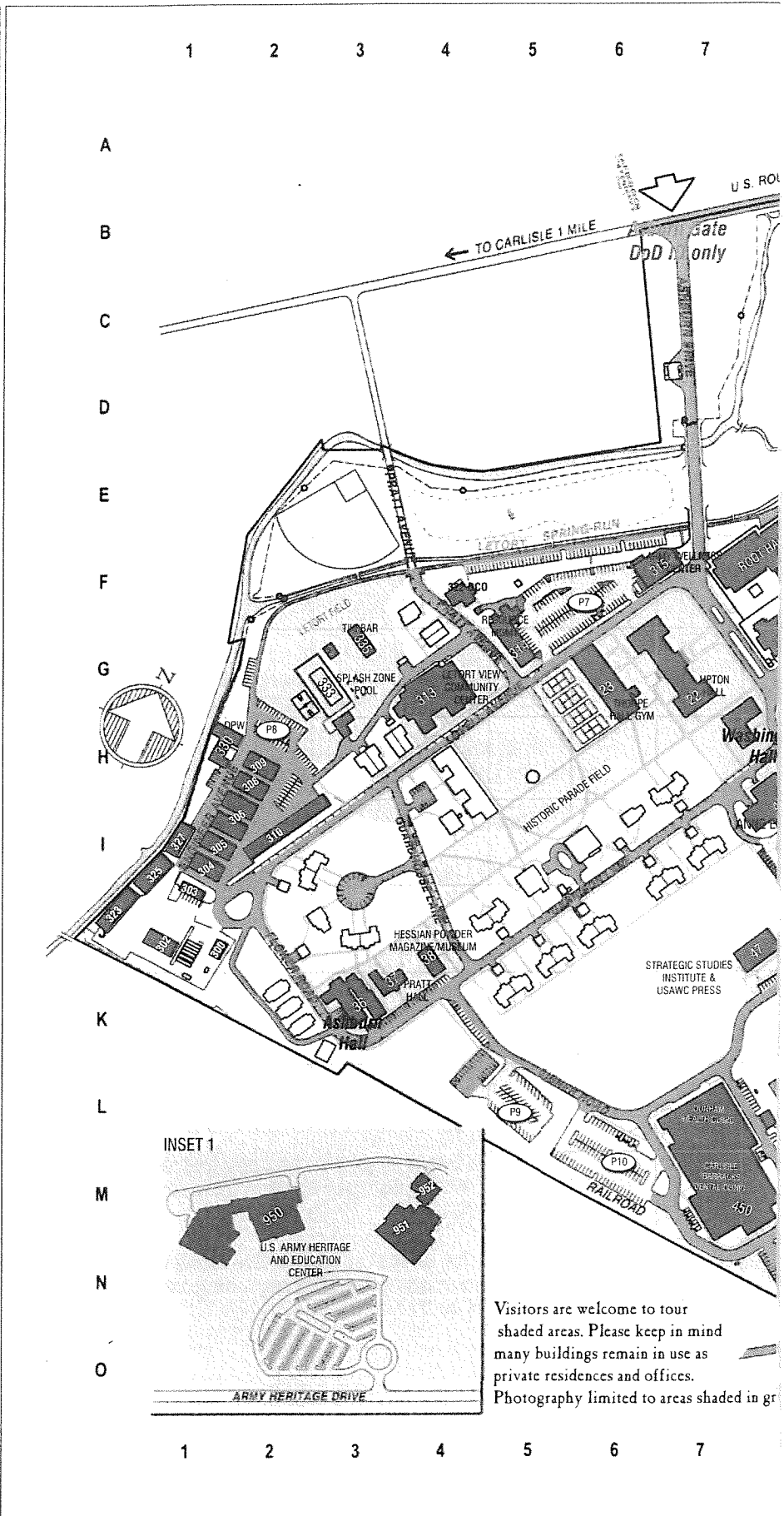
5. Thank you for all that you have done and continue to do for this great Nation. We look forward to your visit! If you have any questions regarding these events, please contact the Retirement Services Office at **717-245-4501 or 717-245-3894**.

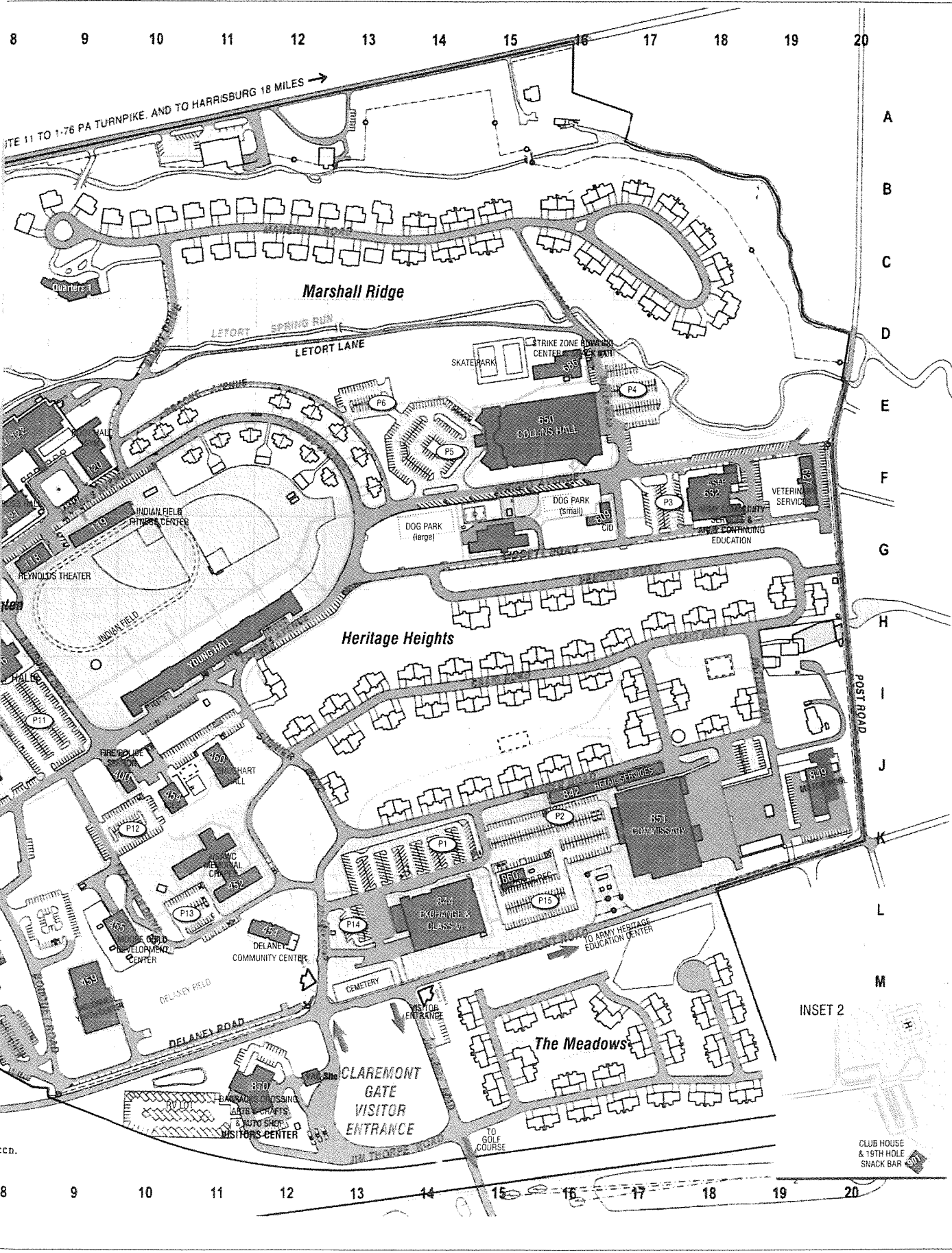
  
SALLY C. HANNAN  
LTC, EN  
Commanding

**BUDG. GRID ACTIVITIES & SERVICES**

- 632 F-18 Army Community Services (ACS) (FMWR)
- 632 F-18 Army Continuing Education Center
- 460 J-11 Army Bachelor Enlisted Quarters, Shughart Hall
- 632 F-18 Army Substance Abuse Program (ASAP)
- 842 L-14 ATM
- 315 F-6 Army Wellness Center
- 870 N-12 Arts & Crafts Studios, Barracks Crossing (MWR)
- 870 N-12 Auto Center, Barracks Crossing (MWR)
- 451 L-12 Balfour Beatty Communities-Family Housing
- 121 F-8 Bliss Hall Auditorium
- 22 G-7 Bradley Auditorium, Upton Hall
- 686 D-16 Bowling Center & Snack Bar, Strike Zone (MWR)
- 455 L-10 Child Development Center (CDC), Moore (FMWR)
- 452 K-11 Chapel, Army War College Memorial
- 46 I-8 Civilian Personnel Office, Anne Ely Hall
- 844 L-14 Class VI Store (in Exchange)
- 851 K-17 Commissary
- 314 G-5 Contracting Office, MICC
- 650 E-15 Center for Strategic Leadership, Collins Hall
- 842 L-14 Credit Union, Navy Federal
- 609 F-16 Criminal Investigation Division (CID)
- 950 Inset 1 Cumberland Cafe
- 451 L-12 Delaney Field Clubhouse, BBC
- 450 M-8 Dental Clinic, Carlisle Barracks
- G-13 Dog Park 1 (Large Dogs)
- G-16 Dog Park 2 (Small Dogs)
- 842 J-17 Dry cleaners & tailor, Exchange
- 46 I-8 EEO/EO, Anne Ely Hall
- 844 L-14 Exchange & Class VI Store
- 460 J-11 Family Housing, Army Office, Carlisle Barracks
- 451 L-12 Family Housing, Balfour Beatty Communities
- 46 I-8 Family, Morale, Welfare, and Recreation (FMWR)
- 400 J-10 Fire and Police Departments
- 22 G-7 Garrison Headquarters, Upton Hall
- 901 Inset 2 Golf Course & 19th Hole Snack Bar (MWR)
- 120 F-9 Gym, Root Hall (MWR)
- 23 G-6 Gym, Thorpe Hall (MWR)
- 119 G-10 Gym, Indian Field Fitness Center (MWR)
- 450 L-7 Health Clinic, Dunham U.S. Army
- 38 J-4 Hessian Powder Magazine-Museum
- 315 F-6 Human Dimensions Dept.
- 460 J-11 HQ Company, Shughart Hall
- 46 I-8 ID Cards, Anne Ely Hall
- 46 I-8 In/out Processing, Anne Ely Hall, 2nd floor
- 842 J-16 Leisure Travel Services (LTS) (MWR)
- 22 G-7 Legal Office, Upton Hall
- 313 G-4 Letort View Community Center (LVCC) (MWR)
- 36 K-3 Lodging, IHG, Ashburn Hall
- 37 K-3 Lodging, IHG, Pratt Hall
- 7 H-8 Lodging, IHG, Washington Hall
- 46 I-8 Military Personnel Office, Anne Ely Hall
- 849 J-19 Motor Pool
- 118 G-8 Movie Theater, Reynolds
- 860 L-15 Outdoor Recreation (MWR)
- 22 G-7 Peacekeeping & Stability Operations Institute (PKSOI), Upton Hall
- 313 G-4 Pershing Tavern, LVCC (MWR)
- 400 J-10 Police Desk, enter from P12 lot
- 46 I-8 Post Office, U.S. Anne Ely Hall-Garrison Lane Entrance
- 314 G-5 Resource Management (DRM)
- 46 I-8 Retirement Services, Anne Ely Hall
- 122 F-8 School of Strategic Landpower, Root Hall
- 315 F-6 Sexual Harassment/Assault Response & Prevention office
- 47 J-8 Strategic Studies Institute & USAWC Press
- 333 G-3 Swimming Pool, Splash Zone (MWR)
- 335 G-3 Tiki Bar, Letort View Community Center (MWR)
- 46 I-8 Transportation Office, Anne Ely Hall
- 122 F-8 U.S. Army War College, Root Hall
- 950 Inset 1 U.S. Army Heritage and Education Center (USAHEC)
- 627 F-19 Veterinary Services
- 870 N-12 Visitors Center
- 459 M-9 Youth Center, SGT Andrew McConnell (FMWR)

\* Snack bars: Bowling Center, Golf Course, Cumberland Cafe, Root Hall Joint Deli





## Where to Sleep in the Carlisle Barracks Area?

For those who wish to stay at Carlisle Barracks-IHG Army Hotel, please call **717-245-4245**. Call now & have your Credit Card Ready for Reservations. There are 45 rooms and we cannot arrange for a "Block of rooms" for the event!

**DISCLAIMER: Carlisle Barracks does not sanction the list below. The list comes from...**

<https://www.visitcumberlandvalley.com/hotels/>

### Hotels/Motels in Carlisle, PA

	Address	Phone	Approx. Dist.	Website
America's Best Value Inn	1460 Harrisburg Pike 17015	717-249-7775	4 miles	<a href="http://www.redlion.com/carlisle?">www.redlion.com/carlisle?</a>
Best Western Carlisle	1155 Harrisburg Pike 17013	717-243-6200	2 miles	<a href="http://www.bestwestern.com/Carlisle">www.bestwestern.com/Carlisle</a>
Budget Inn	1125 Harrisburg Pike 17013	717-422-5129	2 miles	No direct website.
Comfort Inn Carlisle	77 Shady Lane 17013	717-312-8181	2 miles	<a href="http://www.comfortinncarlisle.com">www.comfortinncarlisle.com</a>
Comfort Suites Downtown Carlisle	10 S. Hanover St. 17013	717-960-1000	2 miles	<a href="http://www.comfortsuitescarlisle.com">www.comfortsuitescarlisle.com</a>
Country Inn & Suites	1529 Commerce Ave. 17015	717-241-4900	4 miles	<a href="http://www.countryinns.com/carlislepa">www.countryinns.com/carlislepa</a>
Days Inn Carlisle North	1825 Harrisburg Pike 17015	717-245-2242	4 miles	<a href="http://www.daysinn.com">www.daysinn.com</a>
Days Inn Carlisle South	101 Alexander Spring Rd. 17015	717-258-4147	4 miles	<a href="http://www.daysinncarlisle.com">www.daysinncarlisle.com</a>
Diamond Hotel (formerly Howard Johnson)	1245 Harrisburg Pike 17013	717-243-5411	3 miles	<a href="http://www.diamondcarlisle.com">www.diamondcarlisle.com</a>
Econo Lodge Carlisle	1252 Harrisburg Pike 17013	717-243-8585	3 miles	<a href="http://www.econolodge.com">www.econolodge.com</a>
Fairfield Inn & Suites	1528 Commerce Ave. 17015	717-243-2080	4 miles	<a href="http://www.marriott.com">www.marriott.com</a>
Hampton Inn Carlisle	1164 Harrisburg Pike 17013	717-240-0200	3 miles	<a href="http://www.carlisle.hamptoninn.com">www.carlisle.hamptoninn.com</a>
Holiday Inn Express & Suites	1152 Harrisburg Pike 17013	717-240-0080	2 miles	<a href="http://www.hiexpress.com/carlislepa">www.hiexpress.com/carlislepa</a>
Motel 6	1153 Harrisburg Pike 17013	717-249-7622	2 miles	<a href="http://www.motel6.com">www.motel6.com</a>
Red Roof Inn	1450 Harrisburg Pike 17015	717-245-2400	4 miles	<a href="http://www.redroof.com">www.redroof.com</a>
Quality Inn	1255 Harrisburg Pike 17013	717-243-6000	3 miles	<a href="http://www.qualityinmpa.com">www.qualityinmpa.com</a>
Residence Inn	1 Hampton Court 17013	717-610-9050	3 miles	<a href="http://www.carlisle.residenceinn.com">www.carlisle.residenceinn.com</a>
Rodeway Inn	1239 Harrisburg Pike 17013	717-249-2800	3 miles	<a href="http://www.rodewayinncarlisle.com">www.rodewayinncarlisle.com</a>
Sleep Inn Carlisle	5 E. Garland Dr. 17013	717-249-8863	2 miles	<a href="http://www.sleepinn.com">www.sleepinn.com</a>
Super 8 Motel North	1800 Harrisburg Pike 17013	717-249-7000	4 miles	<a href="http://www.super8.com">www.super8.com</a>
Super 8 Motel South	100 Alexander Spring Rd. 17013	717-245-9898	4 miles	<a href="http://www.super8.com">www.super8.com</a>
Travelodge	1247 Harrisburg Pike 17013	717-243-2960	3 miles	<a href="http://www.travelodge.com">www.travelodge.com</a>

#### **HANDY MILITARY TOLL-FREE NUMBERS**

ARMY Reserve HR Retirement Benefits, St. Louis, MO	1-888-276-9472
Bureau of Veterans Affairs, Ft Indiantown Gap	1-800-547-2838
DEERS Update/Information	1-800-538-9552
Retirement & Annuity Pay Center, Cleveland, OH	1-800-321-1080

#### **TRICARE PHONE NUMBERS**

<b>TRICARE Information (Under age 65)</b>	<b>1-800-444-5445</b>
TRICARE Retiree Dental Program	1-888-838-8737
<b>TRICARE For LIFE! (Over age 65)</b>	<b>1-866-773-0404</b>
TRICARE Mail-Order Pharmacy Program	1-877-363-1303
<b>TRICARE Retail Pharmacy Program</b>	<b>1-877-363-1303</b>

#### **VA PHONE NUMBERS**

VA Insurance Information (NSLI -Old GI Insurance)	1-800-669-8477
VA Insurance Information (VGLI & SGLI)	1-800-419-1473
VA Education Customer Service Office (GI Bill/Post 911)	1-888-442-4551
VA Regional Office (General Questions)	1-800-827-1000

**CARLISLE BARRACKS PHONE NUMBERS**

**On-Post information - 717-245-3131 during normal duty hours only Mon-Fri 0700 - 2300  
Or Call the Office you want at 717-24x-xxxx**

<b>DUNHAM HEALTH CLINIC - CLOSED on THURS AFTERNOONS</b>	
Clinic Information	5-3400 or Toll-free 1-877-787-2569
Health Benefits Advisors	5-4112/5-3918
Patient Affairs	5-3911
Patient Appointments	5-3400/1-877-787-2569
Pharmacy	5-3400
Pharmacy (Dunham Clinic Phone-in Refill)	1-800-248-6337, Press 2, then 4, then 4
Pharmacy (PX Refill Station)	1-800-248-6337, Press 2, then 4, then 1
<b>OTHER POST PHONE NUMBERS</b>	<b>Phone</b>
Army Community Services	5-4357
Army Emergency Relief, Financial Counsel Aid	5-4720
Barber Shop (PX)	249-4958
Barracks Crossing (Engraving, Frame, Auto)	5-3319
Bowling Center	5-4109/5-3027
Chapel (Post)	5-3318
Commissary	5-3105
Golf Course Club Lounge & Snack Bar	5-3267
Legal Assistance/Appointments (JAG)	5-4940
Letort View Community Center & Catering	5-3991
Post Exchange	243-2065
<b>Post Closures Due to Bad Weather</b>	<b>5-3700</b>
Retirement, Survivor, Transition Office (Military) 5-4501/3894	

**CARD SITES IN PENNSYLVANIA For more sites: [www.dmdc.osd.mil/rsl/](http://www.dmdc.osd.mil/rsl/)**

<b>Location</b>	<b>Address</b>	<b>Phone</b>
Allentown	1400 Postal Rd, Allentown PA 18109	610-264-8823
Annaville	Bldg 9-68, Ft Indiantown Gap, PA 17003	717-861-8693
Avoca	1200 Navy Way Road, Avoca, PA 18641	570-457-8430 x212
Carlisle	<b>46 Ashburn Dr., Carlisle Barracks, PA 17013</b>	<b>717-245-3533</b>
Chambersburg	2 Wisconsin Ave., Chambersburg, PA 177201	717-267-8751
Coraopolis	300 Tanker Road, #4226 Coraopolis PA 15108	412-776-7411
Danville	90 Liberty Valley Road, Danville PA 17821	570-275-7450
Ebensburg	260 Industrial Park Rd., Ebensburg PA 15391	814-472-5083 *810
Erie	3938 Old French Rd., Erie, PA 16504	814-434-0209 x247
Johnstown	295 Goucher St., Johnstown, PA 15905	814-288-6000/5087
Mechanicsburg	5450 Carlisle Pike Bldg 26, Mech., 17055	717-605-5176
Middletown	81 Constellation Ct., Middletown PA 17057	717-948-2285/2283
Moon Township	99 Soldiers Lane, Moon Township. 15108	412-604-8319
New Cumberland	2021 Mission Dr., New Cumberland, PA 17070	717-770-7111
Philadelphia	2700 Southhampton Rd, Philadelphia PA 19154	215-856-5925
Tobyhanna	11 Hap Arnold Blvd., Tobyhanna, PA 18466	570-615-7409
Williamsport	1307 Grove St., Williamsport, PA 17701	570-321-5041
Willow Grove	1051 Fairchild St., Willow Grove PA 19090	215-323-7417/7419

# Carlisle Barracks Retiree Bulletin

Military Personnel Services Division, Carlisle Barracks, Carlisle, PA 17013

June 2018

## *A Message from your Retirement Council*

Your Retiree Council encourages you to attend the Carlisle Barracks 2018 Retiree Appreciation Day on Saturday, October 6, 2018. We are excited that the 51st Commandant of the United States Army War College, MG John Kem, is our keynote speaker. There were a number of changes at the beginning of this year in the military health care system, TRICARE, that directly impact you and your family. The two TRICARE briefings, over 65 and under 65, will ensure you are up to date on these changes. If you are less than a year from turning 65, we recommend you attend the TRICARE over 65 briefing to learn how Medicare and TRICARE work together to provide you comprehensive health care coverage. A significant change is occurring in the optional dental insurance program. The current TRICARE Retiree Dental Program ends on December 31, 2018. The scheduled FEDVIP, Federal Employees Dental and Vision Insurance Program, briefing will provide updates on your options for both dental and vision insurance. These are just three of the informational updates offered throughout the day. Additionally, you will be able to update your ID card if necessary, receive a flu shot, and fill your prescriptions. Once again, the Council believes Carlisle Barracks has prepared an exciting RAD. We hope to see you there!

## Legal Services...

An information desk will be set up in the Root Hall gym where JAG representatives will be available to provide general information and free NOTARY services. To utilize the free NOTARY services, please have your UNSIGNED documents available. Legal advice will not be offered at the information desk. A legal brief will be given in the afternoon in Bliss Hall. Legal Services phone number: 717-245-4940

## ID Cards Office...

*will be available for issuance of ID cards by appointment. There will be a table in the Root Hall gym for the scheduling of appointments*

## BOX LUNCH INFORMATION

Choose the below number of box lunches you want to order and then make a check out to "IMWRF", cost of each box is \$10.00, and mail your check and choices to:

Emily Petrasic, Catering Manager

Letort View Community Center

313 Lovell Avenue, Carlisle PA, 17013

Checks must be received NLT

Friday 21 September 2018.

\_\_\_ Roast Beef Sandwich

\_\_\_ Ham Sandwich

\_\_\_ Turkey Sandwich

\_\_\_ Veggie Wrap

Each box contains your choice of sandwich, cookie, bottled water, apple and a bag of chips.

Any questions, please contact Ms Emily Petrasic,

Telephone: 717-245-4049